

LONG TERM PLAN		Key Stage 1 and 2				2020/21	
PSHE	Autumn		Spring		Summer		
	1	2	1	2	1	2	
Key Stage 1 – Work at Key Stage One focuses on the children’s growing awareness of themselves as developing individuals and as members of society. The emphasis is on understanding oneself and on the attitudes and skills needed to understand and develop positive relationships with those around us. At this stage, the relevant communities are family, school, friendship groups and the people who live and work in the immediate environment.							
Key Stage 2 – During Key Stage Two, pupils become aware of themselves as developing individuals and members of their community. Physical changes and growing maturity and self – confidence provide opportunities for greater freedom and independence. Horizons are gradually lifted beyond the immediate vicinity, as they become knowledgeable of a wider world beyond. In school and the local community, there are opportunities for pupils to make more significant contribution and be more aware of global advocacy. As they pass through this stage, they can be encouraged to; make informed choices; assume greater personal responsibility; develop a sense of right and wrong; recognise the importance of developing relationships with those around them; become more fully engaged in school and outside activities; learn about how the local community functions and those who enable it to do so; know about those who rule us and the institutions through which they do so; become aware of the wider national and global community and show respect towards all forms of diversity.							
Reception	Learning routines – The importance of rules	Families and people who care for me.	Physical contact and personal space	Feelings	Liking different things	Making Friends	
Year 1/2	Families and differences	People who help us (Making a 999 call)	Online – Being Safe	Me – liking the way you are	Working with others	Caring for yourself (Healthy amount of screen time)	
Year 2/3	Caring Friendships	Healthy Eating	Online – Being Safe	Physical health and fitness	Sharing the World	Diversity	
Year 4	To find a solution to a problem	Family differences (LGBT language)	Online – Being Safe	Good and not so good feelings	Rules and laws	Responsibilities	
Year 5	Achieving a balanced lifestyle.	Mental wellbeing	Online – Being Safe	Basic First Aid	Sex Education- Puberty	Transition to Middle School (Drugs unit)	

Our PSHE curriculum is underpinned by our school values with a strong focus on community and living well together, showing dignity and respect at all times.

When is LGBT introduced?

Drugs unit?

What should our focus be? – Mental Wellbeing?

Begin new plan after next unit/Christmas – Do we need to consult with parents first?