



PE Long Term Planning

Intent:

- To equip our children with the skills and confidence through a broad range of physical activity.
- To give all pupils the opportunity to experience a range of sports both in teams and individually.
- To provide pupils with a range of opportunities to apply and embed their taught skills.

2018-19

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Reception/Year 1	Multi-skills	Gymnastics	Dance	Multi-skills	Striking and Fielding	Athletics
Year 1/Year 2	Multi-skills	Gymnastics	Dance	Multi-skills	Striking and Fielding	Athletics
Year 3	Hockey	Gymnastics	Dance	Football	Striking and Fielding	Athletics
Year 4	Hockey	Gymnastics	Dance	Football	Striking and Fielding	Athletics
Year 5	Hockey	Gymnastics	Dance	Football	Striking and Fielding	Athletics
	Year 5 and Year 2 Swimming Year 4 Table Tennis		Year 4 and Year 3 Swimming Year 5 Table Tennis			



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2019-20

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Reception	Multi-skills	Gymnastics	Dance	Multi-skills	Striking and Fielding	Athletics
Year 1/Year 2	Multi-skills	Gymnastics	Dance	Multi-skills	Striking and Fielding	Athletics
Year 2/Year 3	Netball	Gymnastics	Dance	Tag Rugby	Tennis Tri Golf	Athletics
Year 4	Netball	Gymnastics	Dance	Tag Rugby	Tennis Tri Golf	Athletics
Year 5	Netball	Gymnastics	Dance	Tag Rugby	Tennis Tri Golf	Athletics
	Year 5 and Year 3 Swimming Year 4 Table Tennis		Year 2 and Year 4 Swimming Year 5 Table Tennis			



The Littletons School

PE Long Term Planning

2020-21

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	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
	<i>7 weeks</i>	<i>7 weeks</i>	<i>6 weeks</i>	<i>6 weeks</i>	<i>6 weeks</i>	<i>6 weeks + 2 days</i>
Reception	Multi-skills (beanbags) Yoga	Gymnastics (Floor work - balancing and body shapes) Travelling/ developing pathways if outside.	Dance	Multi-skills (coloured balls)	Striking and Fielding (sponge balls and hand)	Athletics
Year 1	Multi-skills (coloured balls) Yoga	Gymnastics (Floor work - balancing and body shapes) Travelling/ developing	Dance	Multi-skills (beanbags)	Athletics	Striking and Fielding (sponge balls and plastic tennis rackets)

		pathways if outside.				
Year 2/Year 3	Multi-skills (coloured balls) Yoga	Gymnastics (Floor work - balancing and body shapes) Travelling/ developing pathways if outside.	Dance	Multiskills	Athletics	Tri Golf
Year 3/Year 4	Hockey Yoga	Football Boccia	Dance Team Games (benchball/boc cia)	Tag Rugby (altered for covid - skills based)	Tennis	Athletics
Year 5	Football Yoga Table Tennis	Table Tennis/School game competitions Hockey Yoga	School Games competitions Table Tennis	Table Tennis Netball - (altered for covid - skills based) School Games - cross country	Athletics Table Tennis OAA	Tennis
	Children are not swimming at the moment.		Children are not swimming at the moment.			



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2021-22

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Reception	Multi-skills	Gymnastics	Dance	Multi-skills	Striking and Fielding	Athletics
Year 1	Multi-skills	Gymnastics	Dance	Multi-skills	Striking and Fielding	Athletics
Year 2	Netball	Gymnastics	Dance	Tag Rugby	Tennis Tri Golf	Athletics
Year 3/4	Netball Table Tennis	Gymnastics	Dance	Tag Rugby	Tennis Tri Golf	Athletics
Year 4/5	Netball Table Tennis	Gymnastics	Dance	Tag Rugby	Tennis Tri Golf	Athletics
	Year 5 and Year 3 Swimming Year 4 Table Tennis		Year 2 and Year 4 Swimming Year 5 Table Tennis			