

Help and Support for Children and Families



Worcestershire Children's Physiotherapy & Occupational Therapy Team

Check out the Youtube videos that support families, children and young people understand sensory processing and offer some ideas of tools and strategies that can be used to enable participation in activities of daily living. There are clips about dressing, meal times, screen time and many more.

<https://www.youtube.com/playlist?list=PLD8mTjvtwF2ZmK2kKR12pZqBj7K0b5lej>

They also have a Facebook page.
<https://www.facebook.com/HWHCTPaedOTPT/>



If you want advice about speech development, attention and listening, social skills and managing feelings, look no further! The website below has lots of practical ideas, film clips and resources to help at home.

<https://www.hacw.nhs.uk/childrens-speech-and-language-resources/>

They also have a Facebook page.
https://www.facebook.com/childrensSLT/?locale=en_GB



Tom Percival's Big Bright Feelings series is the perfect springboard for conversations about mental and emotional health, positive self-image, building self-confidence and managing feelings.



https://www.amazon.co.uk/s?k=tom+percival&i=stripbooks&crd=3E6HOHHF05U5M&srefix=tom+percival%2Cstripbooks%2C75&ref=nb_sb_noss_1



Starting Well Partnership
EVERY CONTACT SHAPES A LIFE

The Starting Well Partnership supports families, parents, children and young people across Worcestershire to lead happy, healthy and fulfilled lives.

Families are supported by Health Visitors, Parenting Support Workers, Community Nursery Nurses, School Health Nurses, Health Care Assistants, Volunteer Coordinators, Community Health Connectors, Business Support Officers and Administrators. They provide support, advice and clinics from our Family Hubs, community spaces, schools and GP surgeries.

<https://www.startingwellworcs.nhs.uk/>