

# Help and Support for Children and Families

## Gaming: what parents and carers need to know

<https://www.thinkuknow.co.uk/parents/articles/gaming/>

Visit this website for information about online gaming.

### Gaming



#### Conversation starters

- What games do you know about and/or enjoy playing online? Why do you like them or think they are popular?
- How would explain your favourite game to another young person? How would you help them play it safely?
- Do you talk to anyone when you're playing games online? Who do you talk to? What would you do if anything in a conversation made you feel worried or uncomfortable?

#### Pick one action to do as a family

- Visit our [CEOP Education website](#) and look for tips on how to be safer when playing games online.
- Visit the [Ask About Games Family Settings](#) webpage to find out how to set up and use family controls to limit who can contact your young people in a game and how long they can spend playing it.
- Visit [NSPCC's Online Games](#) webpage to find out more about the risks of online gaming and how to make it safer.



<https://pegi.info/>

You can always check the age rating of games to check the suitability for your child.



The Reach4Wellbeing team supports and promotes the emotional wellbeing of young people and parent/carers through evidence based interactive online group programmes.

Our online group programmes are delivered weekly, they include:

1x 30 minute introductory session

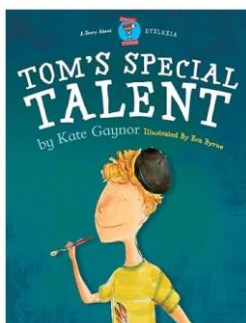
6x 60 minute weekly sessions

1x 30 minute follow up session 8-12 weeks after the programme

<https://camhs.hacw.nhs.uk/reach4wellbeing>



Tom isn't sure if he has any talents at all when he sees how good his friends are at writing and reading. But a school competition soon helps him to find his own very special talent! Children with Dyslexia or a learning difficulty often find school a daunting and sometimes terrifying daily task. In an environment where certain skills, like writing and reading, are praised and highlighted more than others, it is important for children to recognise that everyone has a 'special talent' of their own. It encourages other children to be mindful of the differences that exist between their friends and classmates and to be aware that all children, regardless of their talents, learn differently.



<http://educateagainsthate.com/>

This is the government website to help parents and professionals understand the risks of children and young people being **radicalised by extremists** online and how to keep children safe from this.

**Our school is a place that inspires and engages young minds. Our school believes in democracy and the laws of the country, where every individual has a voice that is heard and respected, no matter what their faith or belief. Our school values discussion, debate and learning from others. Our school believes that division belongs in mathematics, not the classroom. There is no place for extremism in our school.**