

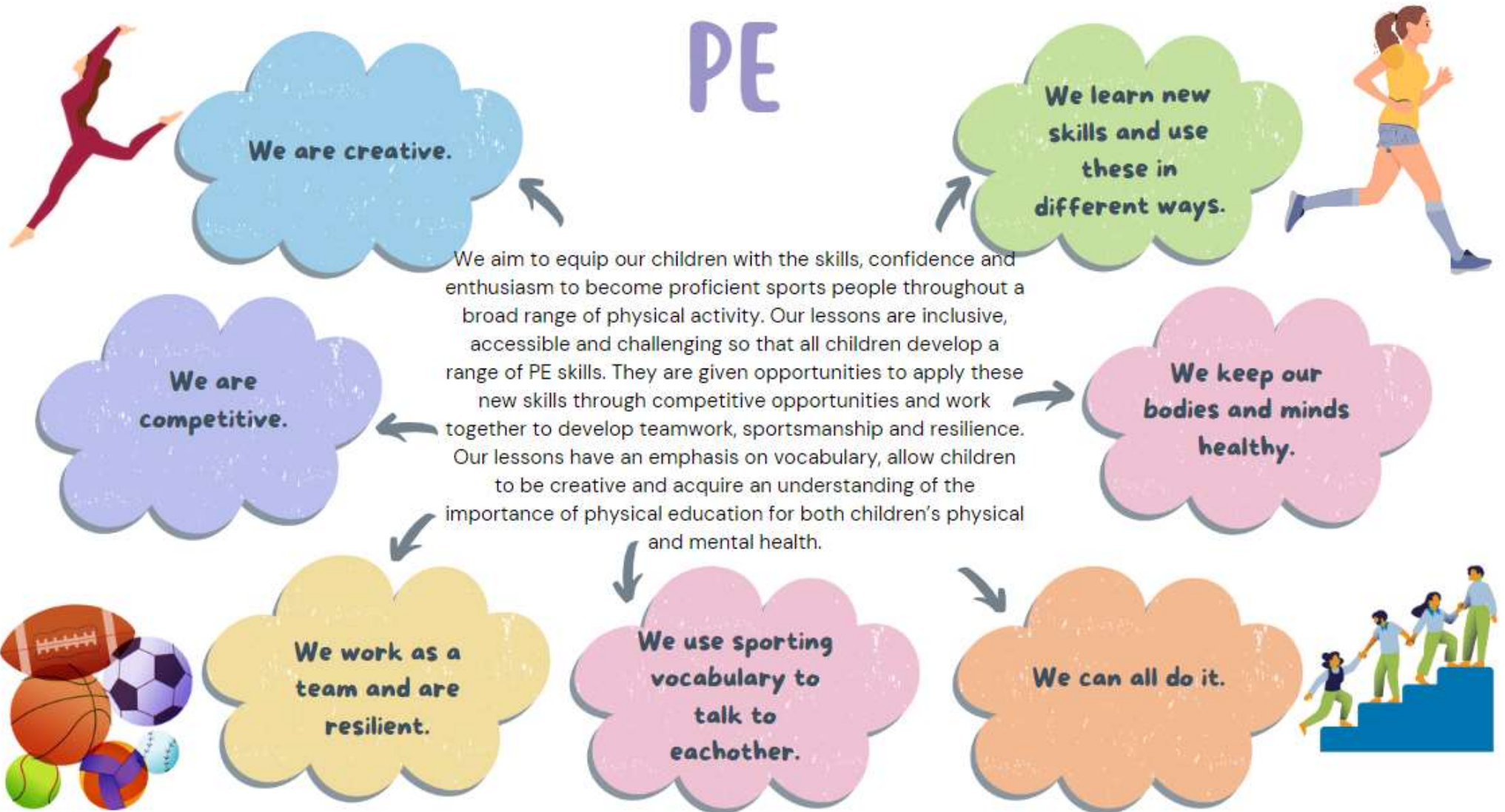
At The Littletons, our whole curriculum is underpinned by our school vision:

“Just as God has created every individual with unique talents and skills, our school community provides a nurturing and inclusive environment, where everyone is encouraged to explore their individual creativity and to confidently use their talents in order to achieve their God given potential and to make the world a better place.”

Our curriculum links to the National Curriculum requirements.

Intent:

PE



Implementation:

- **PE is taught through using elements of the REAL PE, Gym and Dance schemes and are taught in conjunction with Games and Sporting units.** Real PE, Gym and Dance focuses more on the fundamental movement skills as well as the multi-ability cogs which we want all children to have. It also focuses on children reaching their own personal challenges and enabling everyone to be successful and develop a positive relationship with physical activity. Our Games and Sporting units, enable children to apply the skills learnt in a more competitive way both individually and as a team. This then prepares them for sports and competitions they may face in the future.
- **A variety of units are taught.** Every year, Gymnastics, Athletics and Dance are taught. In KS2 invasion games are then alternated on a two-year cycle so that all children get the opportunity to experience netball, football, hockey and tag rugby. In KS1, multi-skills is a main focus throughout the year which includes a variety of ball and invasion games skills to get the children equipped with the fundamental skills ready for KS2.
- **Our PE Specialist TA teaches the majority of PE and supports staff to teach to the same standard.** This enables all children to receive first quality teaching.
- **Every unit provides children with competitive opportunities.** Lessons towards the end of a unit, particularly in Games units, will involve competitive opportunities. Children learn to play as part of a team and work together to against others. In KS2, these opportunities are often in every lesson. Using the skills they have then learnt in lessons, children are then often given the opportunity to compete against other schools.
- **Apply skills learnt through Level One Inter-house competitions.** At the end of a unit, children apply their skills learnt in competitions between the houses or within a class. This allows them to master their skills learnt as well as providing them with more competitive opportunities.
- **Alterations may be made within a lesson to support all learners.** This could be through use of TA support, using different equipment, making different use of space or groupings depending on ability. When using REAL PE, gym and dance, progressive fundamental movement skills are taught. These can be adapted to each learner as different progressive steps are given. Alternative teaching videos and support resources are also used for SEND children or those that need it.

- **Children are taught vocabulary** which they should know and remember for the three main units of PE: Gym, Dance and Games. These are progressive throughout each year group.
- **Children are active for the majority of the lesson.** Children are physically active for the majority of the lesson and they are encouraged to sustain this activity for a period of time.
- **Stretches and Warm Ups and Cool Downs.** At the beginning and end of every lesson, children warm up and cool down followed by dynamic and static stretches. Children are questioned and are made aware of the importance of this and in KS2 children often lead these parts of the lesson.
- **Children take part in daily active play sessions.** This is 10 minutes every day where the children are being active. During this time, they take part in walking the mile. This increases the amount of time that children are active during the school day and contributes to the 30 minutes of activity that they should be doing at school every single day.
- **Our School Games Organising Crew helps lead competitive events.** Year 5 children take leadership in organising events that go on within school. This provides them with confidence to take leadership in other things as they go onto their next school.
- **A variety of extra-curricular clubs are offered throughout the year.** The children are asked which clubs they would like at the beginning of the year to encourage more pupil participation where possible. Our aim is to give children the opportunity to try a different sport.
- **Children in KS2 have swimming lessons.** From Year 3 to Year 5 children swim for 10 weeks of the year. Children are grouped depending on their ability which is assessed at the beginning of their block of lessons. Year 5 children always swim in the first term. This is because if they do not reach their 25 meters by the end of this block, they have the opportunity to again the next term.

Impact:

By the time children leave The Littletons, we expect them to:

- Be confident when competing against themselves and others.
- Be exposed to a broad range of physical activity and have a sound understanding of different units covered within PE.
- Build up perseverance, resilience and show great sportsmanship.
- Become increasingly more physically active.
- All feel successful.
- Have a positive attitude for PE and being active.
- Be competent sports people and are confident using a range of equipment.
- Be aware of the importance of exercise and why they should do it.
- Apply the skills that they have learnt in school, outside of school as well.
- Understand how to lead healthy, active lives.
- Show continuous improvement in their agility and co-ordination.

Children's learning will be assessed through:

- **All children are assessed at the end of each unit.** Teachers assess using the REAL PE assessment statements as guidance as well as how children have progressed within a unit. From this, teachers know which areas children may need to work on during their next unit and these will then be targeted. At the end of the year, teachers can identify areas where children showed strengths and areas where more learning may need to take place.
- **Observations and Feedback during lessons.**
- **Pupil Voice.**