



# Curriculum Statement – RSE and PSHE

At The Littletons, our whole curriculum is underpinned by our school vision:

“Just as God has created every individual with unique talents and skills, our school community provides a nurturing and inclusive environment, where everyone is encouraged to explore their individual creativity and to confidently use their talents in order to achieve their God given potential and to make the world a better place.”

Our curriculum fulfils the National Curriculum requirements.

# RSE AND PSHE

Make Choices



Respects and listen to others



Develop a sense of right and wrong

Help to make the world a better place

We believe that PSHE and RSE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed, active and responsible citizens. At the heart of everything we do is our goal to extend the children's understanding and use of language as we recognise how this improves the life chances of every child as they grow into adulthood. We focus on the areas of Family and Relationships, Health and Wellbeing, Economic wellbeing, Safety and the changing body and Citizenship.

Understand how to develop positive relationships



Understand how to achieve positive economic, physical and mental wellbeing



## Implementation:

We use the Kapow Primary scheme for PSHE and RSE, which is a whole school approach that consists of three areas of learning in EYFS: (to match the EYFS Personal, social and emotional development prime area) and five areas of learning across Key stages 1 and 2.

EYFS:

- Self-regulation
- Building relationships
- Managing self

Key stage 1 and 2:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Each area is revisited to allow children to build on prior learning. The lessons also provide a progressive programme. Lessons are based upon the statutory requirements for Relationships and Health education, but where lessons go beyond these requirements (primarily in the Citizenship and Economic wellbeing areas) they refer to the PSHE Association Programme of Study which is recommended by the DfE.

The scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

Lessons are taught weekly through a range of teaching activities, including written work and discussion tasks.

## Impact:

**By the time children leave The Littletons, we expect them to:**

- Understand their own emotions and know how to regulate them appropriately
- Understand differences in our society and recognise that all people should be treated with respect
- Know how to build positive relationships with a range of people
- Understand physical and emotional changes that happen as we grow up
- Know practical steps we can take to stay healthy and happy
- Understand how we can contribute to society for the wider good
- Know how we can manage our money and resources effectively
- Understand the ethical choices they can make about how they live their lives

**Children's learning will be assessed through:**

Once taught the full scheme, children will have met the objectives set out within the Relationships and Health Education statutory guidance and can utilise their learning within their daily lives, from dealing with friendship issues to resilience to making healthy choices and knowing where and how to get help when needed.

PSHE and RSE will not be assessed formally as the subject is focussed on personal growth and development. Each child will be at their own stage in the journey. Effective learning will be seen through the way that children conduct themselves around school, and in the wider community, and the choices they make.